



Empowering & Inspiring Excellence

Company Registration No. 2014/063827/07

ONLINE Course

Implementation of Regulations Relating to the Labelling and Advertising of Foodstuffs based on R146 of 2010

Course Overview

Labelling Regulations under the Foodstuffs, Cosmetics and Disinfectants Act came into effect on 1 March 2012. These regulations were published in the Government gazette on 1 March 2010 as Notice No. R146. The aim of the regulation is to align the regulations in SA with new scientific evidence, current trends as well as international guidelines, to close any loopholes and to enable the customer to make a more informed choice

This course is aimed at equipping participants to be able to unpack and implement the management and technical requirements of R146 regulations. The course focuses on the detailed requirements for establishing, **practically implementing** and maintaining the R146 labelling and advertising requirements.

Course Objectives

To equip participants with the knowledge base required for practical implementation of Regulations Relating to the Labelling and Advertising of Foodstuffs based on R146 of 2010. On completion of the course participants should have a clear understanding of the legal requirements of food labelling and advertising based on the regulation. The course will also provide a networking opportunity, share experiences, and solve problems associated with food labelling and advertising. Post-course back-up support will be provided.

Course Content

- Introduction to R146
- Need for legislation on food labelling and advertising
- General Provisions
- Special Provisions
- Prohibited statements and misleading descriptions
- Ingredients listing guidelines

- Fats and oils
- Food additives
- Allergens
- Nutritional information
- Claims
- Negative claims
- Trans fats

Who should attend?

- Technical managers
- Food label designers
- Product developers
- Shop owners
- Commodity buyers

Entry requirements

- Participants should have a good comprehension of English and be able to read, write and communicate in English
- Participants should be involved in food labelling and advertising

Assessment

- Formative assessment through quizzes, online discussions, case studies and student activities/exercises
- Examination at the end of the course may be given.
- Portfolio of Evidence
- Full attendance of all contact sessions is essential for a certificate to be issued

Course duration: 2 days with 3 hours contact /lecture time per day

Cost: R2 500 per person

For Further Information on our training courses, or to register for a course, please contact us on:

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